



# Rule 2 - Definitions

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# Agenda

- 2022 Definition Change
- 2023 Definition Change
- Types of Fouls
- 2022 Exam Breakout Groups
- Report Out
- Conclusion

# Rule 2 - Definitions

- Foundation of understanding the terms in the application of the rules
- How the terms are applied to the rules
- Will guide in exam and game preparation
- Impact on penalty enforcement

# What changed in 2022?

- 2-3-8 Redefined a chop block
  - An illegal combination where contact is made above and below the waist
  - “Chop block is a combination block by **TWO** or **MORE** teammates against an opponent other than the runner, **WITH OR WITHOUT** delay, where one of the blocks is **below the waist** and one of the blocks is **above the waist**”

Note: Highlights in red were the changes added in 2022 as compared to 2021

# What is changing in 2023?

- 2-29-1 Clarification when a player is Inbounds after being Out of Bounds
  - Clarifies when a player is inbounds after being out of bounds. There is not change to any foul or subsequent penalty provisions, or any rules related to illegal participation or the provisions regarding eligibility to catch a pass
  - A player or other person is out of bounds when any part of the person is touching anything, other than another player or game official that is on or outside the sideline or end line, **and that player remains out of bounds until returning to the field with any body part touching the field and no body part touching out of bounds.**

Note: Highlights in red were the changes added in 2023 as compared to 2022

# Types of Fouls

- Double Foul
  - One **OR** more live-ball fouls (other than nonplayer or unsportsmanlike) are committed by each team at such a time that the penalties offset
  - **A DEAD BALL FOUL AND LIVE BALL FOUL CAN'T BE COMBINED TO MAKE A DOUBLE FOUL**
- Multiple
  - Two **OR** more live-ball fouls (other than nonplayer or unsportsmanlike) are **committed during the same down by the same team** at such a time that the offended team is permitted a choice of penalties
- Simultaneous with the snap
  - An act which becomes a foul when the ball is snapped or free kicked

# 2022 Exam Questions

- Break up into 5 groups
- Each group must have 1 Rule Book & 1 Case Book
- Each group is assigned a question
- Determine the answer, along with citing the rule & “the why”
  - Answers could include multiple rules, including Rule 2
- Designate a spokesperson for each group

# Group 1

- 3/10, B-12, A10 looks to throw a pass to A21, who is trying to get into the right flat. B53 grabs and holds A21 at the B-15 preventing him from getting open. A10 throws the ball at the feet of right tackle A77 to avoid being sacked.
  - A) A, 3/10, B-12
  - B) A, 4/10, B-12
  - C) A, 3/15, B-17
  - D) A, 3/4, B-6



## Group 2

- On a field-goal attempt, holder A2 muffs the snap and is attempting to gain possession of the ball on the ground when A1 kicks it between the uprights over the crossbar.
  - A) No foul, legal kick and A is awarded 3 points
  - B) Illegal kick, if penalty is declined, result of the play is a touchback
  - C) Illegal kick, loss of down foul

# Group 3

- From a scrimmage-kick formation, A1 snaps the ball to upback A2 who is 3 yards behind the line and offset from the snapper by 1 yard. A2 runs for a 10-yard gain. Immediately after the snap started, B7 charges into the gap between the snapper and the other Team A player. The snapper had not had the opportunity to defend himself and was displaced by B7's charge.
  - A) B7 roughed the snapper, B7 is penalized for a personal foul
  - B) No foul as A was in scrimmage-kick formation
  - C) No foul
  - D) B7 is disqualified for a flagrant personal foul

# Group 4

- A scrimmage kick by K1 comes to rest on R's 6-yard line. R1 attempts to recover and advance but muffs the ball so that it rolls into B's end zone where K2 recovers and downs the ball in the end zone.
  - A) 1/10 for K at R's 6-yard line
  - B) 1/10 for R at R's 6-yard line
  - C) Touchdown for K
  - D) Touchback, First & 10 for R at R's 20-yard line

# Group 5

- Following the huddle, after A comes to its line of scrimmage, quarterback A1 is breaking the plane of the waistline of the snapper, and slot back A2 has a part of his body breaking the plane of the waistline of his nearest teammate who is on the line of scrimmage.
  - A) Dead Ball Foul for illegal formation
  - B) Live Ball Foul for illegal formation
  - C) Live Ball Foul for illegal motion
  - D) Legal Formation, no foul

# Group 1

- 3/10, B-12, A10 looks to throw a pass to A21, who is trying to get into the right flat. B53 grabs and holds A21 at the B-15 preventing him from getting open. A10 throws the ball at the feet of right tackle A77 to avoid being sacked.

- A) A, 3/10, B-12 – Rule 2.16.2 b – Definition of a Double Foul, the intentional grounding is a live ball foul. The loss of down enforcement is not applicable as B53 committed a holding foul
- B) A, 4/10, B-12
- C) A, 3/15, B-17
- D) A, 3/4, B-6

## Group 2

- On a field-goal attempt, holder A2 muffs the snap and is attempting to gain possession of the ball on the ground when A1 kicks it between the uprights over the crossbar.
  - A) No foul, legal kick and A is awarded 3 points
  - B) **Illegal kick, if penalty is declined, result of the play is a touchback – Rule 2.24.7 and 9.7.1 An illegal kick cannot score a field goal**
  - C) Illegal kick, loss of down foul

# Group 3

- From a scrimmage-kick formation, A1 snaps the ball to upback A2 who is 3 yards behind the line and offset from the snapper by 1 yard. A2 runs for a 10-yard gain. Immediately after the snap started, B7 charges into the gap between the snapper and the other Team A player. The snapper had not had the opportunity to defend himself and was displaced by B7's charge.
  - A) B7 roughed the snapper, B7 is penalized for a personal foul
  - B) No foul as A was in scrimmage-kick formation
  - C) No foul, the snapper's protection does not include simultaneous contact with another A player, nor does it take away the "center-guard gap" from B. – 9.4.6 & 2.32.4 Situation A
  - D) B7 is disqualified for a flagrant personal foul

# Group 4

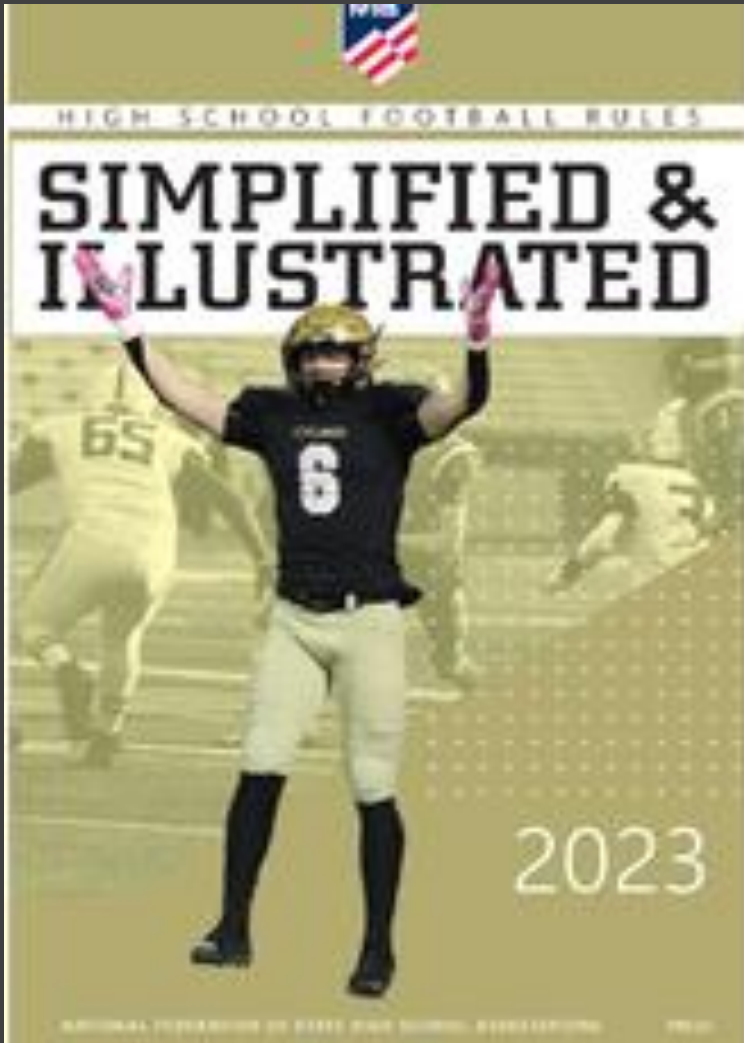
- A scrimmage kick by K1 comes to rest on R's 6-yard line. R1 attempts to recover and advance but muffs the ball so that it rolls into B's end zone where K2 recovers and downs the ball in the end zone.
  - A) First & 10 for K at R's 6-yard line
  - B) First & 10 for R at R's 6-yard line
  - C) Touchdown for K
  - D) Touchback, First & 10 for R at R's 20-yard line – Rule 2.24.2, 6.3.1 & 8.5.3a – The ball became dead as soon as it broke the plane of R's goal line. The kick had not ended because muffing does not constitute possession, therefore, it is a kick into R's end zone which is an automatic touchback.



# Group 5

- Following the huddle, after A comes to its line of scrimmage, quarterback A1 is breaking the plane of the waistline of the snapper, and slot back A2 has a part of his body breaking the plane of the waistline of his nearest teammate who is on the line of scrimmage.
  - A) Dead Ball Foul for illegal formation
  - B) **Live Ball Foul for illegal formation – Rule 2.32.3 and 7.2.3**
  - C) Live Ball Foul for illegal motion
  - D) Legal Formation, no foul

# Conclusion



- Do not discount Rule 2
- Understand how the definitions apply
  - i.e. muff, change of possession, foul, etc.
- Suggest purchasing the 2023 Rules Simplified & Illustrated from NFHS
- **DO NOT TAKE EXAM LIGHTLY**
  - **Prepare and allow ample time**

# Questions

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